

Emmanuel Reformed Church

ROMANS

SHARING THE GOOD NEWS OF JESUS CHRIST

SUNDAY, MAY 5, 2024

DIGITAL VERSION

Worship

God Gathers Us

"Seek Ye First," "Beloved, Let Us Love One Another"

"Holy, Holy, Holy" (Bells)

Children's Choir

Children's Sermon

***"Beautiful One," "Turn Your Eyes"**

Prayers of the People

"My Only Crown - Fairest Lord Jesus"

God Speaks to Us

Romans 8:29-30, "Predestined?"

Pastor Cody Raak

Communion

All who believe in the Lord Jesus are welcome at his Table of grace. Please come down the center aisle, eat the bread and drink the cup, then return to your seats by the outer aisles.

"Remembrance"

God Sends Us

*** "Doxology" (#625)**

*** Prayer for Blessing**

*** Benediction**

*** We stand, as able, to worship our great God!**

This Week at ERC

Sunday, May 5, 2024

- 9a Praise Team Practice
- 9a **End-of-Year Breakfast Potluck! *All are Welcome!***
Adult Sunday School — Church Basement
- 10a Worship: Romans 8:29-30, "Predestined?"
Communion
- 11a Discipleship Ministry Team Meeting

Thursday, May 9, 2024

- 3-5p Church Office Open*

Sunday, May 12, 2024

- 10a Worship: Romans 8:31-39, "What shall we say?"

May 13-18

Pastor Cody will be away for his Doctor of Ministry intensive.

***The church office will be open THURSDAY this week from 3:00-5 PM.**

Spiritual Disciplines

Give Thanks

DISCIPLINE: CELEBRATION & HOSPITALITY

And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

— Ephesians 5:20, *NLT* —

The intentional practice of gratitude has been shown to yield incredible benefits in almost every area of humans' lives. It reduces stress and pain, improves sleep and confidence, and increases physical, emotional, social well-being. So it's no wonder that God commands us to give thanks and be grateful (Colossians 3:15, 16, and 17!).

There are many, many ways we can practice gratitude.

- **Journal.** If you keep a journal — or even if you don't normally — start a section of a journal that is devoted to gratitude. This might be as simple as a bulleted list of things that sparked thankfulness for you today. Or, recall a moment in your life that was especially good or joyful. Describe that moment in as much detail as you can remember. Now, look for the ways God was present and working in that memory, and give him thanks.
- **Write a letter.** Mother's Day (and Father's Day, too) is coming up quickly. Write a thank-you letter to a parent for a specific way they have blessed you. If your parent is no longer living, write the letter anyway, and keep it.
- **Make a phone call.** Someone has blessed you recently. Maybe they did something for you, or gave something to you, or inspired you in some way. Tell them about it! Show your appreciation with a brief phone call.
- **Post it!** Instead of using social media to boast about our own successes or to complain about others' faults, make a post (or comment on another's post) with some words of gratitude and appreciation.

Emmanuel's Mission

"To serve God and share the good news of Jesus Christ by the power of the Holy Spirit."

Staff

Pastor: Cody Raak (464-4952)

Custodian, Secretary: Gwynevere DenHerder (464-7764)

Consistory

Elders

Lawrence Namminga, Jr. - *Clerk**
Connie Tjeerdsma
Claudette Heusinkveld
Ginger Pudwill
Dr. Mel Wallinga - *VP**
Matt Den Herder

Deacons

Tom Kolecka
Jeremy Krueger - *Deacon's Secretary**
Brenda Pudwill - *Treasurer**
Blane Nagel - *Deacons' Chair**
Tom Pier
Jeremy Bertrand

** Admin team: The consistory officers oversee church personnel.*

Emmanuel Reformed Church

1112 College Street | PO Box 525

Springfield, SD 57062

(605) 369-5596

erchurch@gwtc.net

www.emmanuelreformed.com

www.youtube.com/@emmanuelreformedchurch2022

www.facebook.com/springfield